

We are members of BGIFC!

We make the same Promise...



...enjoy the same activities...



...and follow the same programme as girls in the UK.

## Opportunities for involvement

Here's your chance to make a valuable contribution to the lives of girls and young women. Whatever your skills and interests, and no matter how much or how little time you have to spare, one of our volunteering roles is bound to suit you. And your contribution is sure to be appreciated by the girls.

Membership is open to all girls and young women irrespective of faith, race and culture.

## About Girlguiding

Girlguiding is the leading charity for girls and young women in the UK. We build girls' confidence and raise their aspirations. We give them the chance to discover their full potential and encourage them to be a powerful force for good. We give them a space to have fun.

There's plenty on offer for every age.

Rainbows: 5 to 7 years

Brownies: 7 to 10 years

Guides: 10 to 14 years

The Senior Section: 14 to 26 years

Leaders: 18 years and above

## A safe environment

It is the policy of Girlguiding to make every effort to safeguard its members from physical, sexual and emotional harm while participating in guiding activities. The organisation takes all reasonable steps to ensure that, through relevant procedures and training, children, young people and adults taking part in guiding activities do so in a safe environment.

## Find out about us!

If you want to discover a whole new world of fun, friends and adventure, visit [www.bgifc.org.uk](http://www.bgifc.org.uk).

To get in touch, email [bgifc@girlguiding.org.uk](mailto:bgifc@girlguiding.org.uk), phone (+44) 20 7592 1814 or write to Girlguiding BGIFC  
c/o Girlguiding, 17-19 Buckingham Palace Road  
London SW1W 0PT United Kingdom

## Your local contact:

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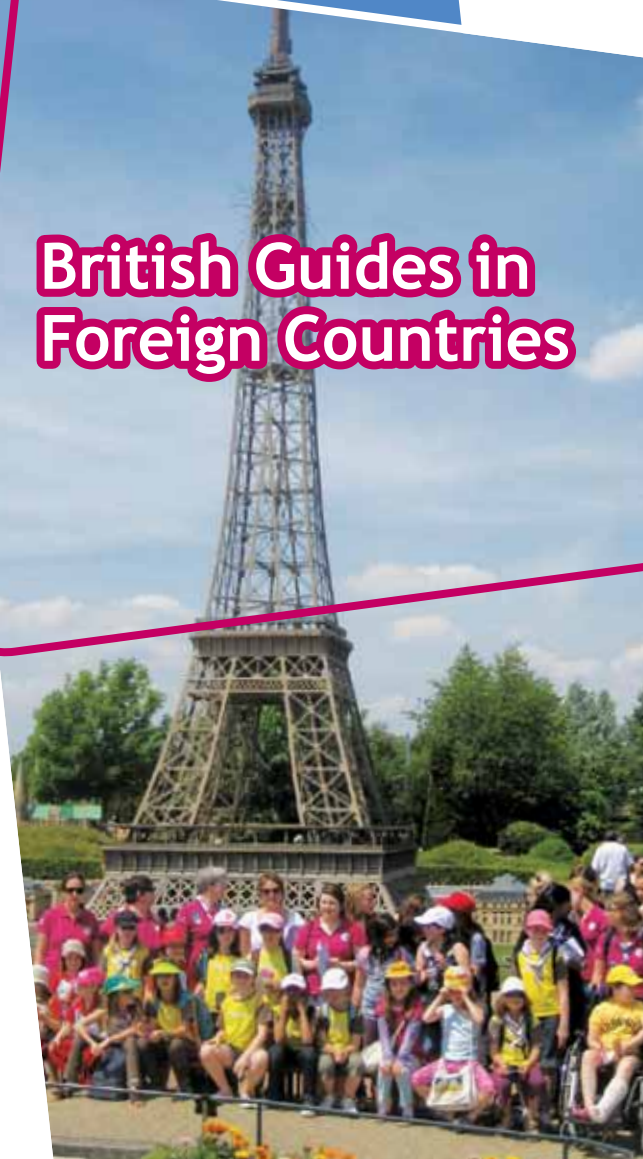


WE DISCOVER, WE GROW

Girlguiding

British Guides  
in Foreign Countries

# British Guides in Foreign Countries





# Around the world with BGIFC



## Welcome to BGIFC!

British Guides in Foreign Countries (BGIFC) is part of Girlguiding and has been in existence since 1911. Units are based in many parts of the world, in areas where it is hard for the girls to join the local national guiding organisation.

Although scattered far and wide throughout the world, everyone in BGIFC follows the same programme as girls in the UK. Many of the girls have moved abroad with their families and face new languages and different cultures. By joining BGIFC they can experience the continuity and friendship that guiding offers.